

# FIVE STAR DANCE ACADEMY TIMETABLE - 2024

<b>MONDAY - Studio A</b>		<b>MONDAY - Studio B</b>	
3.45-4.30	SILVER STAR BALLET #1 11-12 YRS	3.45-4.15	JUNIOR & TEST 1 TAP 5-7 YRS
4.30-5.00	POINTE PROGRESSION - GOLD MEDAL 12-13 YRS	4.15-5.00	TEST 3 TAP 8-9 YRS
5.00-5.45	GOLD MEDAL BALLET #1 12-13 YRS	5.00-5.45	SILVER MEDAL TAP 10-12 YRS
5.45-6.30	ELEMENTARY BALLET #1 14 YRS & OVER	5.45-6.30	GOLD MEDAL/ELEMENTARY & SENIOR TAP 13YRS
6.30-7.15	GOLD STAR BALLET #1 13-14 YRS	6.30-7.30	INTER/ADVANCED BALLET #1 15 YRS & OVER
7.15-7.45	ADULT BALLET	7.45-8.15	ADULT JAZZ
		8.15-8.45	ADULT TAP
<b>TUESDAY - Studio A</b>		<b>TUESDAY - Studio B</b>	
		3.30-4.15	TEST 1 JAZZ 6-7 YRS
4.15-5.00	TEST 2 BALLET 6-7 YRS	4.15-5.00	TEST 2 JAZZ 7-8 YRS
5.00-5.45	TEST 3 BALLET 7-8 YRS	5.00-5.45	TEST 3 JAZZ 8-9 YRS
5.45-6.30	BRONZE MEDAL BALLET 8-9 YRS	5.45-6.30	BRONZE MEDAL JAZZ 9-10 YRS
6.30-7.15	BRONZE STAR BALLET 9-10 YRS	6.30-7.15	BRONZE STAR & SILVER MEDAL JAZZ 10-12 YRS
7.15-8.00	SILVER MEDAL & STAR BALLET #2 10-12 YRS		
<b>WEDNESDAY - Studio A</b>		<b>WEDNESDAY - Studio B</b>	
4.00-4.45	BOYS ONLY BALLET	4.00-4.45	JUNIOR HIP HOP 6-9 YRS
4.45-5.30	JUNIOR CONTEMPORARY 6-9 YRS	4.45-5.30	INTERMEDIATE HIP HOP 10-12 YRS
5.30-6.15	INTERMEDIATE CONTEMPORARY 10-12 YRS	5.30-6.15	PRE-SENIOR HIP HOP 12-14 YRS
6.15-7.00	PRE-SENIOR CONTEMPORARY 12-14 YRS	6.15-7.00	SENIOR HIP HOP 15 YRS & OVER
7.00-8.00	ADULT ZUMBA	7.00-7.45	SENIOR CONTEMPORARY 15 YRS & OVER

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THURSDAY - Studio A		THURSDAY - Studio B	
4.00-4.45	GOLD MEDAL BALLET #2 12-13 YRS	4.00-4.45	STRENGTH & CONDITIONING
4.45-5.30	ELEMENTARY BALLET #2 14 YRS & OVER	4.45-5.30	MUSICAL THEATRE
5.30-6.15	GOLD STAR BALLET #2 13-14 YRS	5.30-6.15	SENIOR JAZZ 14 YRS & OVER
6.15-7.00	INTER/ADVANCED BALLET #2 15 YRS & OVER	6.15-7.00	GOLD MEDAL JAZZ 13-14 YRS
7.00-8.30	15 YRS PERFORMANCE TEAM	7.00-8.00	ADULT ZUMBA
FRIDAY - Studio A		FRIDAY - Studio B	
		9.00-9.45	LITTLE MONKEYS 3-5 YRS
		3.45-4.30	SKY LEVEL ACROBATICS
4.30-5.30	A&A SPECIALITY PROGRAM	4.30-5.15	BABY & TEAL LEVEL ACROBATICS
5.30-6.15	BOYS ZONE	5.15-6.00	AERIAL SILKS & LYRA #1
6.15-7.00	8 & 10 YRS PERFORMANCE TEAM	6.15-6.45	BOYS ONLY ACRO
		6.45-7.30	AERIAL SILKS & LYRA #2
		7.30-8.15	NAVY, AQUA, ROYAL LEVEL ACROBATICS
SATURDAY - Studio A		SATURDAY - Studio B	
		8.45-9.30	PETITE STARS B 4-5 YRS (PRE PREP)
		9.30-10.00	PETITE STARS A 3-4 YRS
		10.00-10.30	TEST 1 BALLET 5-6 YRS
		10.30-11.00	JUNIOR JAZZ 5-6 YRS
<b>Note: Timetable is subject to change</b>			
<b>Note: Age groups are only a guide.</b>			